



LORDS INSTITUTE OF ENGINEERING & TECHNOLOGY

Approved by AICTE / Affiliated to Osmania University / Estd.2003.

Accredited 'A' grade by NAAC, Accredited by NBA



Sy.No:32, Himayathsagar, Golconda Post, Near TSPA Junction, Hyderabad-500 091

Ph: 6309012442/43, Fax: 040-6625 3642, Website: www.lords.ac.in, Email: principal@lords.ac.in

NATIONAL SERVICE SCHEME (NSS UNIT)

Event Name: Free Health Check Up Camp

Date: 07-01-2020

Venue: LIET College Campus

Time: 11.00 AM



Health check-up was done were Blood pressure, Random blood sugar(RBS)



Health check up - Heart rate, Oxygen saturation (Spo2), Body fat%, Muscle mass, Bone mass index (BMI)



NSS Coordinator



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REPORT

The NSS Unit of Lords Institute of Engineering and Technology organised a free health check-up camp as part National Service Scheme (NSS) on 07-01-2020 the Tuesday. Venue of the health camp was room no's 715 and 716 in the first year block of LIET campus. This camp was sponsored by Vijaya Diagnostic Centre which is India's largest comprehensive diagnostic network. Regular health checkup and monitoring the health in this current situation is the need of the hour. It can help find potential health issues before they become a problem. Early detection gives the best chance for getting the right treatment and avoiding complications.

The Parameters on which the health check-up was done were Blood pressure, Random blood sugar(RBS), Heart rate, Oxygen saturation (Spo2), Body fat%, Muscle mass, Bone mass index (BMI), DCI/BMR, Metabolic age, Body water%, and Visceral fat. The health camp was great success as all the staff members, teaching and non-teaching faculties actively took part in the camp. More than 200 staff members and PG students participated in the camp.



NSS Coordinator