## LORDS INSTITUTE OF ENGINEERING & TECHNOLOGY

Approved by AICTE / Affiliated to Osmania University / Estd.2003. Accredited 'A' grade by NAAC, Accredited by NBA



Sy.No:32, Himayathsagar, Golconda Post, Near TSPA Junction, Hyderabad-500 091 Ph: 6309012442/43, Fax: 040-6625 3642, Website: www.lords.ac.in, Email: principal@lords.ac.in

# NATIONAL SERVICE SCHEME (NSS UNIT)

## **Event Name: Health Awareness Camp**

Date: 25-01-2020

## Venue: Chevella &Neknampur Village

Time: 11.00 AM





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## **REPORT**

A one-day lecture on Health Awareness for villagers of Chevella & Necknampur Village was organized by Lords Institute of Engineering and Technology under its NSS wing on 25-01-2020. Dr.AltafHussain educated the residents on the various diseases and its impacts and they were provided more information about the deadly diseases and the preventive measures one has to follow. Malnutrition, obesity, smoking were some of the topics dealt in the lecture. The villagers were advised to have a healthy diet, exercise regularly and have a good sleep for eight hours for the better health.

Maintaining proper personal hygiene and sanitation would prevent the spread of diseases and infections. The villagers were advised to drink clean water, avoid clogging of water to prevent mosquitoes, safe disposal of human waste etc to maintain good health.

The lecture was followed by an interactive session with the villagers who clarified their doubts on health and hygiene.

**NSS Coordinator**